

Rotary District 5520
Outbound Student Manual
Long Term Exchange Program

Exchange Student Creed

This is my experience.
Many have been here before
And many will follow
But this time is mine.
My journey will present
Numerous doors to
Unlimited opportunities.
Some of these doors will be open,
Some will be closed.
But one thing I know for certain,
The key to all doors lies within me.

Introduction

As a long-term outbound student, you will spend just a little longer than a full academic year with between two and four host families in a foreign country. You attend school, just like the teens of your host country. While you are there, your host parents become your parents. They not only provide room and meals, they provide support and guidance.

The objective of the long-term exchange program is to foster world peace, international understanding and good will by extending international communication at the personal level through the exchange of students of high school age. It is Rotary's hope that exchange students will be able to see firsthand the problems and accomplishments of other peoples of different colors, creeds, and cultures. From this experience we hope to open your mind to new ways of thinking about the world and cultural tolerance.

Rotary Youth Exchange is a STEPPING STONE. It should not just be the best year of your life, but the first year of many "best years" in your future. Let Rotary help you make a 10 year plan... ask yourself, "What goals can I set that will benefit me ten years from now?"

Once you return with increased confidence and new language skills, you will want to include your exchange experience on resumes and university applications. Most colleges and universities look for unique growth experiences like the Rotary Youth Exchange. They know that living in another culture and learning another language shows perseverance, flexibility and maturity. Most importantly, you'll want to share your exchange experiences with family, friends, Rotary, school, church and your community back home. We offer suggestions for how best to do that below.

The Relationships

Rotary's Exchange system is unique because of the structure of support which is larger than any other international program. The people involved in Rotary Youth Exchange are volunteers from the top to the bottom. This gives the real depth of commitment to each student because there are no paid employees in the decision-making body of Rotary Youth Exchange.

In the United States:

Sponsoring District 5520
N.M. and West Texas
District Youth Exchange Committee
Chair and Placement Officer

Overseas:

Hosting Rotary District Abroad
District Youth Exchange Committee
Chair and Placement Officer

Club Youth Exchange Officer
Counselor
President

Club Youth Exchange Officer
Counselor
President

Parents at Home

Host Families

Your parents and host club counselor should know about the difficulties which you may have while on exchange. Although the one exception to this rule is when you are feeling home sick it is best to talk with your hosting club counselor or YEO. If you call mom and dad at home regarding your homesickness you may become more depressed. You should always get out and do more activities and spend more time with your host family when you are homesick! Do not sit in your room or email your friends in the US, that may make you feel worse.

Illustration of the Process – Chronological Order

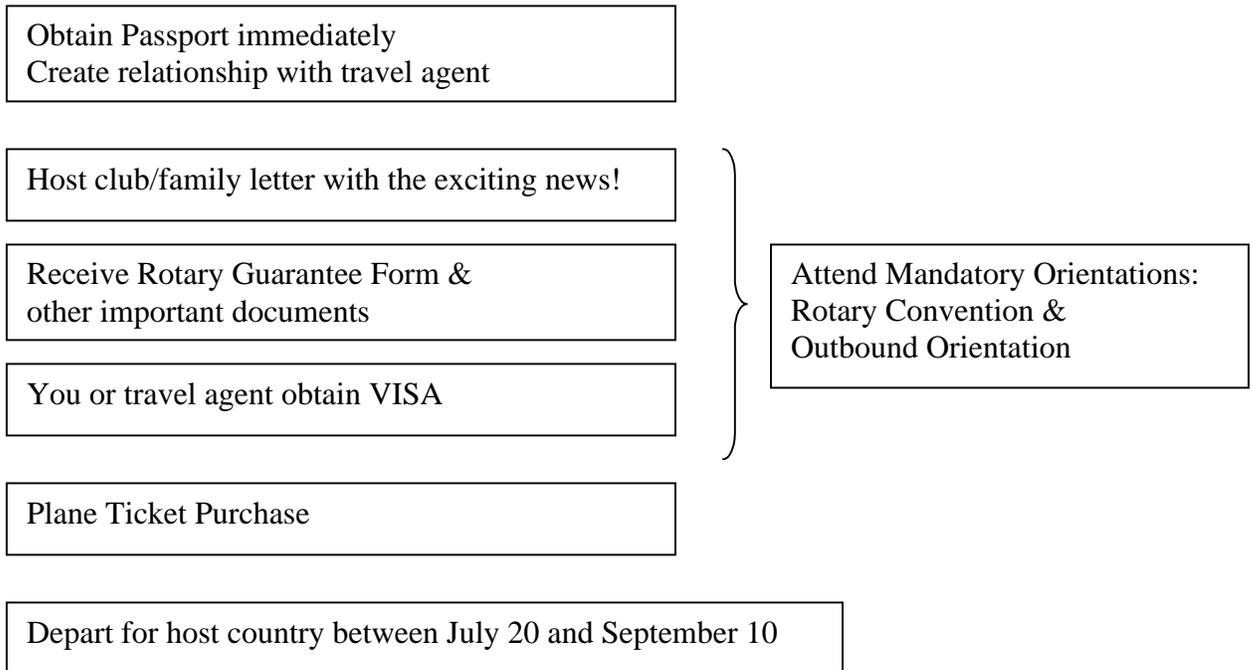
Club Interview

District 5520 Interview

District 5520 Interview Weekend

Letter of Acceptance with Country Designation

Application sent overseas by Feb. 1st



Other Pre-departure Communication and Calendar Issues

You must advise the district youth exchange committee when you change your phone number, email address or mailing address! You may want to become a friend of a member of the youth exchange committee on Facebook. This gives us the ability to contact you when other contacts are not working.

ALL ORIENTATION ACTIVITIES ARE MANDATORY – THE YEAR CALENDAR IS ATTACHED TO THIS MANUAL. You may NOT miss an orientation due to prom or sport competitions. Even if the sports competition is a tournament! If you don't have the calendar go to www.rye5520.org where you will find it.

Transportation to Pre-departure Orientations

Your sponsoring Rotary club will be responsible to insure your transport to each pre-departure orientation. As each orientation is set up you will receive a letter from District 5520 Youth Exchange by email and in your mailbox. You need to read your email regularly! If you do not read it, you will not know what you need to do to prepare for your outbound exchange and you may miss important deadlines.

Exercises

You will be given assignments to help you understand what it might be like when you leave on exchange. Taking these exercises seriously will make a difference in your preparation.

Although these circumstances are very rare, even if you are selected for this program, no guarantee can be given that an exchange can be arranged.

Questions about the Process

When will I receive my Rotary Guarantee Form?

The honest answer is that we do not know! Once you have been accepted into Rotary Youth Exchange and have been given a country assignment, the District Committee will send it to your host country. This document must pass over MANY desks before it is sent back to the US, so it is a time-consuming process. BE PATIENT! Once this form is received by Rotary here in the U.S., an original will be sent to you. When you receive this document please contact your travel agent right away and let them know because the visa and the airline tickets need to be issued!

How long will it take for me to get my visa?

The length of time it takes to receive a visa will depend on the country you are going to and what consulate you will apply for your visa through. Consulates are “jurisdictional”, which means that certain offices will accept applications from residents of certain states only. Some visas will be issued in a matter of 3 or 4 days, and others can take up to 3 months. There is nothing a travel agent can do to rush the visa in most cases, so turn in your documents early so that you have a better chance of departing on time.

Can the required documents for my visa be written by hand, or do I have to type them?

All documents for your visa MUST be typed unless you are specifically told otherwise by your travel agent. You will also need to have some documents notarized.

When will I depart for my host country?

Your travel agent does not set departure dates, your hosting Rotary district determines this. Most students are asked to arrive approximately 2 weeks prior to the start date of school. In some cases you may be given conflicting travel dates. If this is the case, please contact your travel agent immediately so that they may clarify and make the appropriate arrangements for you.

How will my hosts know when I'm arriving?

Once your tickets have been purchased, it is YOUR RESPONSIBILITY to send your FULL itinerary to your host Rotary Club Counselor, District Chair and first host family. You must also send a copy of that itinerary to the District 5520 Committee Chair or Placement Officer.

Am I flying with any other students?

Whether you travel alone, with another student or with a group of students will depend on what country you are going to. There are some countries that require that all students arrive on one day or within a specific time-frame, in which case you will most likely be traveling with other students. Other countries leave it up to the student, their family and the first host family to decide on a date of arrival, in which case you may be traveling alone. Please check your country's specific document requirement sheets for your target departure date.

What is the cost of my airfare?

The exact cost of your airfare will depend on what country you are traveling to and from and where in the US your trip will originate. Once your visa is received your travel agent will email you with an itinerary and you will make arrangements to purchase your ticket.

Can my parents use frequent flyer miles to pay for my ticket?

No. Frequent flyer mile tickets do not meet Rotary requirements. YOUR TICKET MUST BE OPEN ENDED. This means that your return plane ticket is “reserved” with the airline and may be booked at any time in case of any difficulties while you are abroad.

Can I stay beyond the date of my exchange year?

No, you must depart to go home by the date on the visa. Do not seek to extend your stay beyond the period of one year as it is contrary to the policies of this program.

6 Be's of Rotary District 5520

Be First:

I am a person of action!

Be Curious:

I seek to understand!

Be on Task:

I am certain of my outcome and move steadily toward it!

Be Grateful:

I focus on things I can be thankful for!

Be of Service:

I give of myself!

Be Here Now:

I live in the moment!

The exchange student role

Correspondence and Communication

You are expected to write regularly to your parents, as well as to your sponsoring Rotary Club. They are always interested in the success of your exchange. The best way to do that is to create a blog page that people can read and keep updated on your year exchange. The site for www.travelblog.com is one possibility. This site has vast storage and people can subscribe to your blog easily, just like a newspaper.

It is important to remember that there are big problems and small problems. The process of integrating yourself in a new home and school will have many challenges.

Consider before you leave what types of things you can do to introduce yourself to new people and adjust to an unknown language. Practice “ice breaker” types of conversations with other people to help you feel comfortable with a new group of people. Most of the small problems, such as the daily task of getting your homework done in another language, are things which you will tackle alone. If those things over time cause you a lot

of stress and you are not making progress, your host parents and host club need to know so they can support and help you. If they are not responsive and supportive and your problems are getting bigger, you need to let others in your Rotary network know. Big problems, such as sexual abuse or harassment are not acceptable and if you have these types of concerns you need to report them to your hosting district committee right away. Please see the abuse guidelines attached as an example.

Who is responsible for my success?

YOU ARE! The club and host family give you the tools to help you adjust and find happiness. If you do not participate in the activities or assist in finding appropriate activities, then you are not using the tools which are available to you. Choosing to not participate, choosing not to learn the language and being isolated in your room on the internet are **NOT OPTIONS!** Be sociable, set goals and make a plan to reach them.

Quarterly Reports

Give quarterly reports to the district committee here at home! The committee has to be able to show that we are aware of where you are living and how you are doing because the US government requires it. Fill out your reports and send them in, these report forms are available at www.rye5520.org. Reports are tools to use to cope with your challenges. Use this format: What challenges that are causing me stress this month? How do I plan to overcome them? What are 2 to 3 mini goals I can focus on? Which one of the 6 Be's will help me achieve these goals?

Ambassador

Speak at Rotary and other public meetings – the district committee will provide you a power point presentation on CD to use in those meetings. You can add or modify those slides to be personal to you, putting in pictures of your family, town or friends. Rotarians and people abroad are truly interested in who you are and what your life is about! Participate in community activities with your Rotary club and school.

You will be continually in the public eye and will be judged by your conduct and behavior. You have within your safe keeping your self respect, the good name of your country, your school, your home and the Rotary Club which sponsors you.

Attend School

You must attend school regularly and maintain passing grades. Schooling will be in the native language and will be very difficult in the first few months. Advanced knowledge of your host country language is not a requirement, but it is absolutely essential that you make an outstanding effort to try to overcome the language barrier as rapidly as you can.

Family Interaction

You will enjoy your year most if you become part of the family. Do the things your family does and assume household duties which are normal to a student of your age, even if you are not specifically requested to do so. Each student is expected to make his/her bed, keep the room clean, assist with the dishes, etc

Friends

You have been chosen to participate in this program because you are above average in abilities, are able to make friends easily, are willing to face challenges, and are able to adjust to a wide variety of people under varying conditions. You will have many opportunities to make friends at school and at other social occasions, but DO NOT go steady with anyone romantically... it is much better to cultivate as many friendships as possible.

Have Pride in Who You Are

If you are not setting positive goals and following the rules then you are defeating the purpose of exchange. Being secretive about your activities because you think others will not like what you are doing will be fatal to your exchange. The five D's are

NO DRINKING

NO DRIVING

NO DRUGS

NO EXCLUSIVE DATING

And if you add to that DISHONESTY you will most definitely not be successful.

Travel and High Risk Sports

If you travel outside your hosting Rotary district you must advise your club and district and follow approval rules.

High Risk Sports such as bungee jumping, rock climbing, hand gliding and so forth are not approved activities. Your parents and hosting Rotary district must approve these activities and insure you have adequate insurance in case of injury or death. Please do not participate in these activities.

Travel in private airplanes and hot air balloons is not permitted in the U.S., please refrain from these activities while abroad unless specifically approved by your parents and host district as well.

The host club role

You will have a Youth Exchange Counselor and/or YEO appointed by the host Rotary Club. He or she will see that you are well cared for, and any decision he or she makes will be in your best interest in the situation. Make every effort to get to know and develop a close relationship with your counselor/YEO, before problems arise. Let them help you solve problems while they are small.

The host family role

While you are on exchange you will usually live with two to four families. They will provide you room and board. Your host family is responsible for you socially, spiritually, and physically. You will soon arrive at comfortable name arrangements by calling them Mom and Dad or Mother and Father, rather than Mr. and Mrs. A list of questions to ask when you move into a new host home is provided as an attachment to this manual.

Always ask permission from your host or hostess when going out. Never arrange a trip away without seeking the permission of your hosting Rotary Club counselor, then finalize the details with your host parents or other hosting adults.

The parent role

Your parent's job is to:

Agree to attend the interviews, and outbound orientation program. Agree to complete the necessary documents and travel arrangements.

Provide \$300-\$400 US for an emergency fund with the hosting Rotary club.

A monthly allowance will be provided by the hosting Rotary Club to cover your miscellaneous expenses and any small items which you might need.

The student's parents must provide the balance of the student's needs. The following things are suggested:

- Arrange for the student to have a credit/debit card which will work overseas. Frequently the hosting Rotary Club or a host parent can help the student arrange for a savings account with a debit card in the hosting country as well, so there is a place to store any additional cash.
- Be prepared to pay for/reimburse the host families and Rotarians for any additional expenses including:
 - cellular telephone,
 - travel expenses with host family and Rotarians,
 - “summer tour” with large Rotary group
 - additional language camp expenses, if required

Advise the host club of your student's progress. Work closely with the host club counselor so that he or she may successfully fulfill his or her obligation. Acquaint this person with any problems of health, personality, etc.

Keep in contact with each host family as needed to insure open communication.

Arrange for inoculation and other medical tests as soon as possible.

Be responsible for purchasing medical and accident insurance as required by the district committee and as may be required by the host country.

Contact the host Rotary Club with all the details of travel arrangements well in advance.

Agree that departure travel arrangements are the parent's responsibility. Assistance and advice is available through the district committee. Sometime in February or just after, book the return ticket through the travel agency. This ticket should be booked in coordination with the departure term, host family and the club YEO/counselor. The itinerary for this ticket should be copied to the hosting and sponsoring district chair as well.

Parents should let their young people stand firmly on their own feet, under the guidance of their hosts and counselor overseas. Do not write letters to the student or hosts that will

upset them, particularly in the early stages when they might be homesick. Parental sympathy at this state is not helpful. By all means write letters to the student, hosts, and hosting Rotary Club, but keep to matters which will not cause poor reactions.

Preparation for Departure

SUITABLE GIFTS to take along for arrival at the home of your host family and for holidays or special occasions:

1. They should be small and light.
2. They should have some association with the Southwest Area of the United States.
3. They should be useful to the recipients.
4. They should be suitable for your host parents and their children, your counselor, your Rotary club members, close school friends and teachers, and for hosts with whom you spend a night or weekend.
5. Thank you notes which can be used each time someone in the hosting country has you to dinner, takes you out for the weekend or helps you in other ways, such as your teachers.

MEDICAL SUPPLY KIT

It is recommended that you take prescription and other necessary medications that you may be taking with you. If you have an allergy or require special medical care, you should wear or carry an identity tag at all times. Prescription medications that you must take should be accompanied by a letter from your physician. The letter should include a statement of major health problems and dosage of prescribed medications to provide information for medical authorities in case of emergency. You should carry an adequate supply of such drugs.

LUGGAGE

Your travel agent will be the best guide for the airline allowances of your luggage. Most former students agree that they took too much. You will be carrying your bags on and off trains, planes, buses, and small cars. Excessive baggage creates hardships and troubles not only for you, but for your hosts as well. You may have to walk long distances with the bags along the way.

Take clothing appropriate for the climate in which you will be living. Include things you can wash and what will dry quickly, include only what you absolutely need. Select colors that don't show dirt. Dry cleaning services are not easily obtainable or reliable in many countries. Use good common sense when packing.

You should bring a small photo book of your family and friends that you can share with people. You will want to have a supply of at least 100 miscellaneous pins from your town chamber of commerce (which you can sometimes get as many as 25 pins for free) or that you have made or purchased to trade with your friends. You can glue pennies to pins, make bead flags out of safety pins, use bottle caps from a local bottling company and put a pin inside, make origami... the possibilities are endless! Use something that is personal to you or represents your town or culture!

POCKET MONEY for travel

The student should have adequate funds with them to pay for meals in the airports or to pay for transportation and/or a hotel room if a flight is delayed overnight.

CONTACT INFORMATION FOR ROTARY AND TRAVEL AGENCY

The student must have readily accessible at all times while travelling:

Passport/Visa

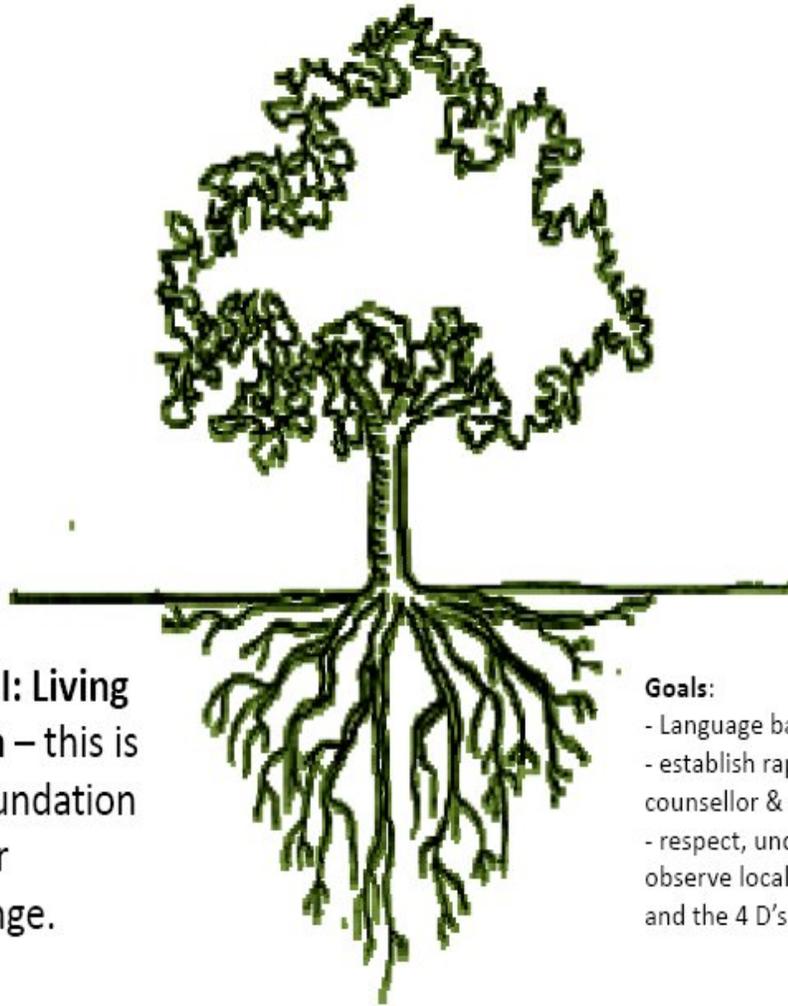
Money and credit card

Phone numbers for all important contacts

A copy of their electronic ticket

A change of clothes

An alternate form of photo identification if possible, such as a school ID

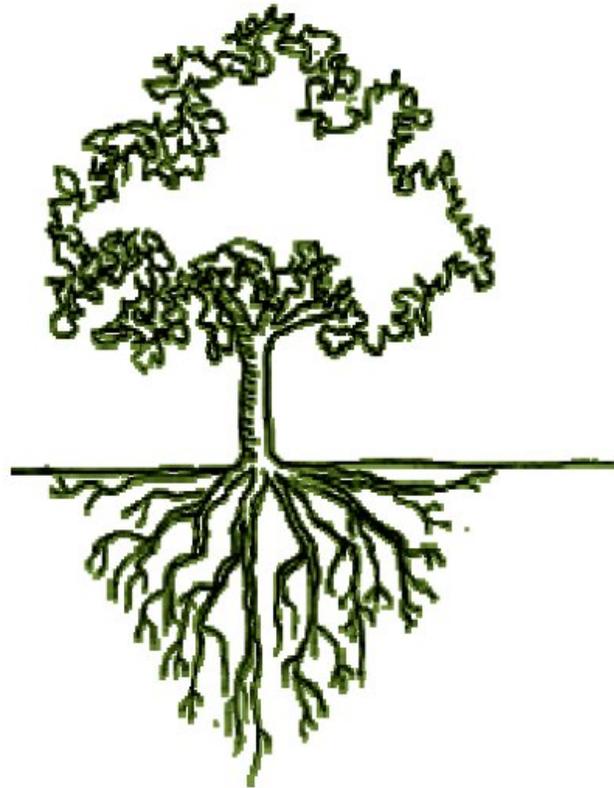


Phase I: Living Within – this is the foundation of your exchange.

Goals:

- Language basics
- establish rapport with counsellor & host family
- respect, understand and observe local customs & laws and the 4 D's

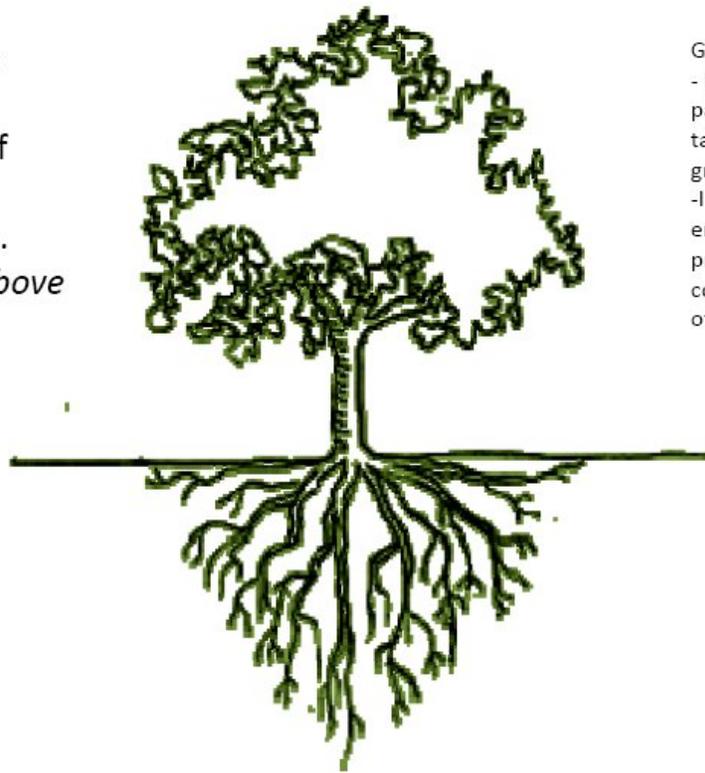
Phase II:
Ambassador –
growing,
sharing and
developing –
branching out.



Goals:

- Regular speaking roles
- Extensive contact network
- Deep understanding of local culture
- High level of functioning in local language
- Deepening understanding of host culture
- Sharing homeland culture

**Phase III:
Leaving a
Legacy –
“fruits” of
your
exchange.
*Service above
Self.***



Goals:
- Freely sharing
passion, gifts and
talents for a
greater purpose
-Initiating an
endeavour or
project that
contributes to
others

Attachment 1

Sample Questions to Ask Your Host Family

1. What do I call you?
2. What am I expected to do daily other than make my bed, always keep my room tidy, and tidy the bathroom every time I use it?
3. What is the procedure for dirty clothes?
4. Where do I keep clothes until wash day?
5. Should I wash my own clothes and underclothes?
6. Should I iron my own clothes?
7. May I use the iron, washing machine, sewing machine at any time?
8. When is a convenient time for me to use the shower/bath (a.m. or p.m.)?
9. Where may I keep my toiletries?
10. May I use the family's bathroom toiletries (toothpaste, soap, etc.), or am I responsible for purchasing my own?
11. What time will meals be served?
12. What can I do to assist at mealtimes (help prepare meals, set the table, wash dishes, empty garbage)?
13. May I help myself to food and drink any time or should I ask first?
14. What areas of the house are strictly private (parents' bedroom, study/office)?
15. May I put pictures or posters in my room?
16. May I rearrange my bedroom?
17. What are your rules for me with regard to alcohol and smoking?
18. Where can I store my suitcases?
19. What time must I get up (on weekdays, on weekends)?
20. What time must I go to bed (on school nights, on weekends)?
21. What are the rules for going out at night and at what time must I be home? Can exceptions be made if I ask in advance?
22. May I have friends spend the night or visit during the day?
23. What are the rules about me using the telephone? Must I ask first?
24. May my friends call me?
25. May I call my friends?
26. May I make long-distance calls?
27. How do you want me to keep track the costs of my telephone calls?
28. What is the procedure for mailing letters? What address do I use for my incoming mail?
29. Do you have any dislikes, such as chewing gum, wearing a hat or curlers at the table, loud rock music, or smoking?
30. Do my host brothers or sisters have any dislikes?
31. What are the dates of your birthdays?
32. What are the transportation arrangements (car, bus, bike, walking, etc.)?
33. May I use the stereo, TV, computer, etc., at any time? Are there restrictions on computer and Internet use?
34. What are the rules about attending religious services?
35. Would you like me to phone home if I will be more than 30 minutes late?
36. When we go out as a family, should I pay for my own entrance fee, meals, etc.?
37. What arrangements should I make for school lunch?
38. Does the Rotary club pay my cost of travel to school?
39. Am I to attend Rotary club meetings? If yes, how will I get there?
40. What else can I do around the house (yard work, help clean, babysit)?
41. Please tell me how to interact with the house servants (where applicable).
42. Is there anything else you would like me to know?

Attachment 2

Your sponsoring Rotary District overseas will have a similar policy to this one for the protection of youth. The procedures and agencies in the sponsoring Rotary District will be different.

Parents of a student who experiences sexual abuse or harassment should notify the Youth Protection Officer of District 5520 (listed below) and let the Rotary network take care of the logistics for their son/daughter. Parents should never, ever confront the offender overseas.

Sexual Abuse and Harassment Reporting Guidelines for District 5520

Rotary International is committed to protecting the safety and well-being of all youth program participants and will not tolerate their abuse or harassment. All allegations of abuse or harassment will be taken seriously and must be handled within the following guidelines. The safety and well-being of young people must always be the first priority.

Definitions

Sexual abuse. Engaging in implicit or explicit sexual acts with a young person or forcing or encouraging a young person to engage in implicit or explicit sexual acts alone or with another person of any age, of the same or opposite sex. This includes nontouching offenses, such as indecent exposure or showing a young person sexual or pornographic material.

Sexual harassment. Sexual advances, requests for sexual favors, or verbal or physical conduct of a sexual nature. In some cases, sexual harassment precedes sexual abuse and is used by sexual predators to desensitize or groom their victims.

Some examples of sexual harassment include:

- Sexual epithets, jokes, written or spoken references to sexual conduct, talking about one's sex life in the presence of a young person, and comments about an individual's sexual activity, deficiencies, or prowess
- Verbal abuse of a sexual nature
- Display of sexually suggestive objects, pictures, or drawings
- Sexual leering or whistling, any inappropriate physical contact such as brushing or touching, obscene language or gestures, and suggestive or insulting comments

Who should determine if it is abuse or harassment?

Upon hearing allegations, adults should not determine whether the alleged conduct constitutes sexual abuse or sexual harassment. Instead, after ensuring the safety of the student, the adult should immediately report all allegations to appropriate child protection or law enforcement authorities. In some countries, this reporting is required by law.

Allegation Reporting Guidelines

Any adult to whom a Rotary youth exchange student reports an allegation of sexual abuse or harassment must follow these reporting guidelines:

1. *Receive the report.*
 - a. Listen attentively and stay calm. Acknowledge that it takes a lot of courage to report abuse or harassment. Be encouraging; do not express shock, horror, or disbelief.
 - b. Assure privacy but not confidentiality. Explain that you will have to tell someone about the abuse/harassment in order to make it stop and ensure that it does not happen to others.
 - c. Get the facts, but don't interrogate. Ask questions that establish facts: who, what, when, where, and how. Reassure the exchange student that he or she did the right thing in telling you. Avoid asking "why" questions, which may be interpreted as questioning the young person's motives. Remember that your responsibility is to present the story to the proper authorities.
 - d. Be nonjudgmental and reassure. Avoid criticizing anything that has happened or anyone who may be involved. It's especially important not to blame or criticize the exchange student. Emphasize that the situation was not his or her fault and that it was brave and mature to come. Document the allegation. Make a written record of the conversation, including the date and time, as soon after the report as you can. Try to use the exchange student's words and record only what he or she told you.
2. *Protect the exchange student.*
 - a. Ensure the safety and well-being of the exchange student by removing him or her from the situation immediately and preventing all contact with the alleged abuser or harasser. Reassure the student that this is being done for his or her safety and is not a punishment.
3. *Report the allegations to appropriate authorities — child protection or law enforcement.*

Immediately report all cases of sexual abuse — first to the appropriate law enforcement authorities for investigation and then to the club and district leadership for follow-through. In the portions of District 5520 in Texas, the appropriate law enforcement office is The Texas Dept. of Family and Protective Services. The hotline number is 1-800-252-5400, or to a law enforcement agency. In New Mexico reports should be made to the local police or sheriff's office. Reports can also be made to the New Mexico State police at 1-888-442-6677.

- a. Report allegations of sexual harassment to the District 5520 Youth Protection Officer who is responsible for seeking the advice of appropriate agencies and interacting with them. If the allegation involves the conduct of the Youth Protection Officer then contact the Inbound Placement Officer or the Rotary district governor.

- b. District 5520 will cooperate with police or legal investigations.

4. Avoid gossip and blame.

- a. Don't tell anyone about the report other than those required by the guidelines. Be careful to protect the rights of both the victim and the accused during the investigation.
- b. District 5520 will maintain the privacy (as distinct from confidentiality) of any accused person by limiting discussions only to those people who need to know. The audience will be limited to the club counselor, club youth exchange officer, district youth exchange officer, district Youth Protection Officer, the District Governor, and appropriate government or law enforcement individuals.

5. Do not challenge the alleged offender.

- a. Don't contact the alleged offender. In cases of sexual abuse, interrogation must be left entirely to law enforcement authorities. In cases of non criminal harassment, the district governor is responsible for follow-through and will contact the alleged offender after the young person has been moved to a safe environment. The district governor may designate this task to a district youth protection officer or district review committee.

Follow-through Procedures

Either the District Youth Exchange Chairman or District Youth Protection Officer will ensure that the following steps are taken immediately after a sexual abuse allegation is reported.

1. Confirm that the exchange student has been removed from the situation immediately and has no contact with the alleged sexual abuser.
2. If law enforcement agencies will not investigate, the district youth protection officer or district review committee should coordinate an independent review of the allegations.
3. Ensure that the student receives immediate support services.
4. Offer the exchange student an independent, non-Rotarian counselor to represent his or her interests. Ask social services or law enforcement to recommend someone who is not a Rotarian or in any way involved with the youth program.
5. Contact the student's parents or legal guardian.

If the exchange student is away from home, the student and his or her parents should decide whether to stay in country or return home. If the exchange student stays in country, written authorization from the student's parents or legal guardian is required. If the student and the student's parents choose for the exchange student to return home, consult with police before making travel arrangements. If an investigation is pending, the police may not approve of the exchange student leaving the country.

6. Remove alleged abuser from all contact with any other young participants in

Rotary programs and activities while investigations are conducted.

7. Cooperate with the police or legal investigation.
8. Inform the district governor of the allegation. Either the District Governor, District Youth Protection Officer or the Youth Exchange Chairman will inform Rotary International of the allegation within 72 hours and provide follow-up reports of steps taken and the status of investigations.

Attachment 3

Rotary Youth Exchange Committee – Sponsoring District Rotary Year 2010-2011 District 5520 – New Mexico/West Texas

Michelle Frechette
Chair
Youth Protection Officer
Brazil
P.O. Box 1884
Corrales, NM 87048
505-379-0544
505-898-2680
adobeclub@aol.com

Rob Metcalf
Belgium/France
Technical Support and Webpage
731 44th Street
Los Alamos, NM 87544
505-661-2358
rob@ovinuppi.com

Lorraine Huit
Treasurer
Australia, Argentina
6421 La Posta
El Paso, TX 79912
915.630.3312
915-584-4094
lorraine@cardelhomes.net

Bianca Cheney
Secretary
Denmark, Sweden, Finland
2813 N. Elm
Roswell, NM 88201
575.637.8811
bkcheney@hotmail.com

Melissa Metcalf
Inbound Placement Officer
731 44th Street
Los Alamos, NM 87544
505-661.2358
district5520rye@hotmail.com

JP Cheney
Germany, Switzerland, Taiwan
2813 N. Elm
Roswell, NM 88201
575.637.8394
jp@roswellprinting.com

District Governor
Tim Parker
(575) 317-4050
tparker@bloodsystems.org

Other Contacts:

Sponsoring Club Youth Exchange
Officer:

Sponsoring Club Counselor:

Sponsoring Club President: